

## VROCP Audio Services Schedule Effective January 2024

This schedule repeats starting at 5:00 PM and 1:00 AM

	9:00 9:30	10:00 10:30	11:00 11:30	12:00	12:30	1:00 1:30	2:00	2:30	3:00	3:30	4:00	4:30
Μ		Health Notes	Pharmacy Ads	Grocery Ads		Bookworm	Perry County Times	The Sun	InSight Interviews	Central Penn Business Journal	People Magazine	ТВА
Т		Bottom Line	Remember When? Pharma		Ads Bookworm		Grocery Ads		Harrisburg Magazine	8		ТВА
W	Patriot News/ PennLive	Chicken Soup for the Soul	Bottom Line	TheBurg Prevention Magazine		Bookworm	Pharmacy Ads		InSight Interviews	Consumer Reports	Discover Magazine	National Geographic Magazine
Th		Remember When	Health Notes	50plus	TBA	Bookworm	Bottom Line		Prevention Magazine	Smithsonian Folkways		Readers Digest
F		Travel Hour	Grocery Ads	AARP	TBA	Bookworm	Remember When?		InSight Interviews	The Week in Review	History Magazine	Smithsonian Magazine
Sat	Pharmacy Ads	Prevention Magazine Harrisbur Magazine	50 <i>plus</i> Central Penn Business Journal	Perry County Times	The Sun	Bookworm	Travel Ho	our	Consumer Reports	Smithsonian	Folkways	ТВА
Sur	Grocery Ads	Chicken Soup for the Soul	Travel Hour	ТВА	ТВА	Bookworm	Chicken Soup for the Soul		Health Notes		Time Magazine	ТВА

Program	Program Description	Program	Program Description
50plus	Articles are taken from the 50 <i>plus</i> LIFE publication and focus on topics pertinent to the needs and interests of listeners who are 50+ in the Susquehanna and Delaware valleys.	InSight Interviews	This program features interviews of attorneys, doctors, people with disabilities, authors and others conducted by VROCP staff. *Available as podcast
AARP	Articles are read from the AARP magazine and AARP bulletin, sources for news and insights to empower people to choose how they live as they age.	National Geographic, Readers' Digest, Smithsonian Magazine, Time, History, Discover	Articles are read from the highlighted publication.
Bookworm	This program is part of our book club where popular novels are read by our volunteers from start to finish. *Available as podcast	Patriot News/ Penn Live	Articles are initially read LIVE for this program taken from the current day's articles including weather, news from the local, state, and nation, obituaries, opinions, sports, and entertainment.
Bottom Line	Articles are read from <i>Bottom Line Personal</i> , focusing on Finance, Nutrition, Mental and Physical Fitness along with other stories of interest.	Perry County Times	Articles are read from the current week's edition of <i>Perry County Times</i> with a focus on front page stories, sports, and obituaries.
Central Penn Business Journal	Articles are taken from <i>Central Penn Business Journal</i> that highlight business news including finance, health care, hospitality, retail, manufacturing, and real estate.	Pharmacy Ads	Published pharmacy ads from CVS and Rite Aid are read weekly. *Available as podcast
Chicken Soup for the Soul	Providing entertainment and inspiration for our listeners, selections are read from a variety of <i>Chicken Soup for the Soul</i> books. *Available as podcast	Prevention Magazine	Selected articles are taken from the current issue of <i>Prevention</i> magazine.
Consumer Reports	Selections are read from <i>Consumer Reports</i> , giving unbiased recommendations on products and vehicles based on surveys, research, and testing.	Remember When?	Articles are taken from <i>The Saturday Evening Post, Reminisce</i> and <i>Old Days</i> with the goal of entertaining listeners over the age of 50. *Available as podcast
Grocery Ads	This program is the weekly reading of published grocery sales and specials from Aldi, Giant, Karns, and Weis. *Available as podcast	Smithsonian Folkways	An hour of culturally diverse music from our partnership with The Smithsonian Institution seeking to strengthen people's engagement with their own cultural heritage and that of others.
Harrisburg Magazine	Articles are read from <i>Harrisburg Magazine</i> , a monthly publication that features information on arts and entertainment, food, and community topics throughout the Harrisburg area	The Sun	Articles are read from <i>The Sun</i> , a weekly newspaper with local news from the Hummelstown, Hershey, and Palmyra areas.
Health Notes	This program highlights current health news, research and trends taken from professional sources. *Available as podcast	TheBurg	Articles are read from <i>TheBurg</i> , a monthly magazine and daily online news site that focuses on the community of greater Harrisburg.
Travel Hour	Get the scoop on day trips, cruises, and long-term visits to places of interest. Selections are taken from a variety of magazines including, but not limited to AAA Travel.		

\*To listen to programming, visit www.vrocp.org. Select "Listen Live" or on Amazon Alexa by saying, "Alexa, enable Vision Resources stream". \*To listen to podcasts, visit www.vrocp.org. Select "Listen Live", select "Podcast Options", and then select which podcast you want to hear.